



AIHIKA

HERBOCARE

Personified Perfection

(A division of Giocon Pharma Limited)

SHODASI GROUP

RUMAGO

PAIN RELIEF



Ruin rheumatic pain with



RUMAGO

PAIN RELIEF



Ruins the pain and remakes to go.

Joints form the connections between bones. They provide support and help you move. Any damage to the joints from disease or injury can interfere with your movement and cause a lot of pain.

Many different conditions can lead to painful joints, including osteoarthritis, rheumatoid arthritis, bursitis, gout, strains, sprains, and other injuries. Joint pain is extremely common.

In one national survey, about one-third of adults reported having joint pain within the past 30 days.

Knee pain was the most common complaint, followed by shoulder and hip pain, but joint pain can affect any part of your body, from your ankles and feet to your shoulders and hands. As you get older, painful joints become increasingly more common.

Rheumatoid arthritis (RA) is a long-term [autoimmune disorder](#) that primarily affects [joints](#). It typically results in warm, swollen, and [painful](#) joints. Pain and stiffness often worsen following rest. Most commonly, the wrist and hands are involved, with the same joints typically involved on both sides of the body. The disease may also affect other parts of the body. This may result in a [low red blood cell count](#), [inflammation around the lungs](#), and [inflammation around the heart](#). Fever and low energy may also be present. Often, symptoms come on gradually over weeks to months.

CAUSES

Causes of **RA** not clear. It is believed to involve a combination of [genetic](#) and environmental factors. The underlying mechanism involves the body's [immune system](#) attacking the joints. This results in inflammation and thickening of the [joint capsule](#). It also affects the underlying [bone](#) and [cartilage](#).

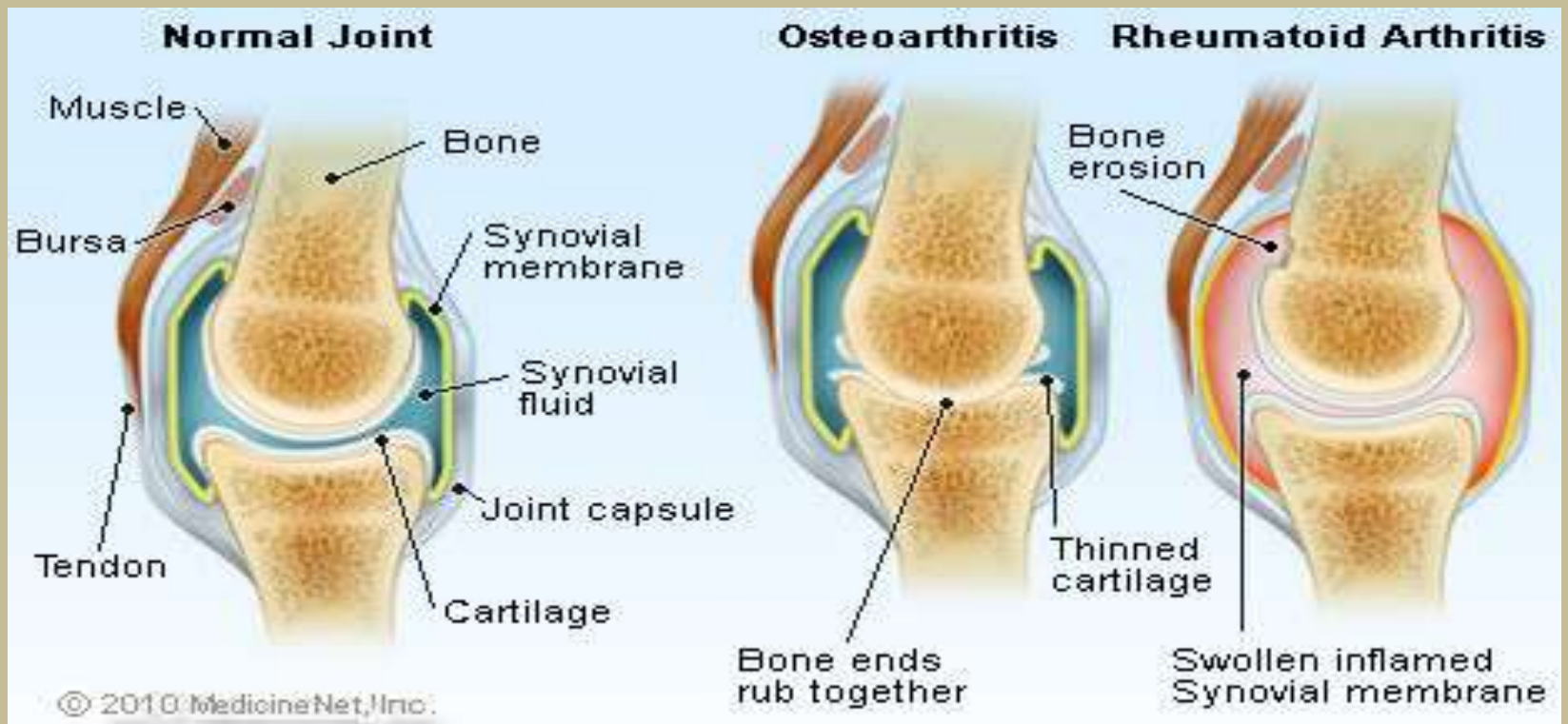
RA primarily affects joints, but it also affects other organs in more than 15–25% of individuals.

Joints

Arthritis of joints involves inflammation of the synovial membrane. Joints become swollen, tender and warm, and stiffness limits their movement. With time, multiple joints are affected (polyarthritis).

Most commonly involved are the small joints of the hands, feet and cervical spine, but larger joints like the shoulder and knee can also be involved. Synovitis can lead to tethering of tissue with loss of movement and erosion of the joint surface causing deformity and loss of function.

RA typically manifests with signs of inflammation, with the affected joints being swollen, warm, painful and stiff, particularly early in the morning on waking or following prolonged inactivity.



Normal and Arthritic Joints

A diagram showing how rheumatoid arthritis and Osteoarthritis effects a joint

JOINT PAINS :

Joint [pain](#) can be caused by injury affecting any of the ligaments, bursae, or tendons surrounding the joint.

Injury can also affect the ligaments, cartilage, and bones within the joint.

[Pain](#) is also a feature of [joint inflammation](#) and infection, and extremely rarely it can be a cause of [cancer](#) of the joint.

Pain within the joint is a common cause of [shoulder pain](#), [ankle pain](#), and [knee pain](#). Joint pain is also referred to as [arthralgia](#).

Symptoms and signs associated with joint pain can include

- [joint redness](#),
- joint swelling,
- joint tenderness,
- joint warmth,
- [limping](#),
- locking of the joint,
- loss of motion in the joint,
- stiffness,
- [weakness](#).

The joint pains of human body



RUMAGO

Each 100 gms. Contains :

Nirgundi	5%
Guguulu	1.25%
Kumari	10%
Shulka Eranda	3%
Rasana	1.75%
Sallaki	5%
Sunthi	1.5%
Lemon grass oil	1%
Karpurah	10%
Gandhapuraka tailam	5%
Pudhina	3%
Neelagiri Tailam	3%
Asti Samharaka	1%

Nirgundi :

This is an amazing herbal oil/formulation that is best for all kinds of pain. It is most useful for inflammatory conditions.

Guguulu :

Supports comfortable movement of the joints. Guggul's scraping and detoxifying qualities act to clear these toxins from the joints.

Its simultaneous ability to lubricate and rejuvenate the tissues within and around the joints helps to promote strength and proper movement within these delicate spaces.

Kumari :

It is also given in the joint pain in the form of juice due to its Anti-inflammatory activity.

Shulka eranda :

Anti-oxidant, anti-inflammatory, antimicrobial, liver protecting and various other medicinal properties. It is also useful in joint conditions, including arthritis, when applied topically.

Rasna :

These leaves poultice can be applied on gouty and joint swellings for reducing pain , rejuvenate the joints and promotes comfortable movement of the joints and muscles. A decoction of the roots of Rasna is very helpful in treating lumbago and rheumatism and rejuvenates the muscular – skeletal system maintains healthy metabolism and removes toxins from the system.

Sallaki :

It has a beneficial effect by suppressing the growth of the inflamed tissue, as well as preventing the breakdown of the surrounding connective tissue

It is an excellent anti-inflammatory and anti-arthritic agents, for both osteoarthritis and rheumatoid arthritis, soft tissue rheumatism, and low back pain.

Sunthi :

Sunthi can also help decrease Inflammation of Joints and thereby helping against Osteo-Arthritis.

Lemon grass oil :

Lemongrass Essential Oil helps relieve pain in muscles and joints, It also helps cure general body pain resulting from strenuous activities and athletics.

Karpurah :

It is a wonderful remedy for joint pains. It is also useful in muscle cramps.

Gandhapuraka tailam :

It helps to improve strength of bones, joints and ligaments. It is also used in the treatment of ligament injuries.

Pudhina :

This helps in lessening the pain. This soothes the nerves and gives a calming feeling to the entire body. It indirectly soothes aches and pains.

Neelagiri tailam :

It is a good herbal cure for joint pain, joint stiffness, Arthritis, Rheumatism , headach, back pain and muscular pain.

Asti samharaka:

It protect the bone from fractures and bone infections. It has vitamin c content that is potent in reducing the inflammatin. It is also used to treat inflammation associated symptoms.

RUMAGO USES :

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- Supports comfortable movement of the joints.
- It is most useful for inflammatory conditions.
- scraping and detoxifying qualities act to clear the toxins from the joints.
- lubricates and rejuvenates the tissues within and around the joints helps to promote strength and proper movement.
- Anti-inflammatory activity.
- It is also useful in joint conditions, including arthritis, when applied topically.
- Suppressing the growth of the inflamed tissue.
- Helps to relieve pain in muscles and joints.
- It is a wonderful remedy for joint pains. It is also useful in muscle cramps.

- It helps to improve strength of bones, joints and ligaments.
- It is a good herbal cure for joint pain, joint stiffness, Arthritis, Rheumatism , headach, back pain and muscular pain.

APPLY :

Apply two to three times a day. Rub gently on the effected area.

SIDE EFFECTS :

Stop applying immediately if the following side effects occur because it may indicate symptoms of allergic reactions. These symptoms include skin rash, itchy, and Skin burns.

PACKING & PRICE :

50 gm cream - Each Rs:

gel - Each Rs:

spray - Each Rs: